

## Iowa Harvest Calendar

These are the best times to buy Iowa fruits and vegetables. The harvest seasons are approximate. Weather conditions can speed up or delay crop maturity.

Produce	May	June	July	Aug	Sept	Oct
Apples					█	█
Apricots			█			
Asparagus	█	█				
Beans		█	█	█		
Blueberries			█	█		
Beets			█	█	█	
Broccoli		█	█	█	█	
Brussels Sprouts					█	█
Cabbage		█	█	█	█	
Cantaloupe				█	█	
Carrots			█	█	█	
Cauliflower		█	█	█	█	
Cherries			█			
Collard Greens			█	█	█	
Cucumbers			█	█	█	
Currants			█			
Eggplant					█	█
Gooseberries			█			
Grapes					█	█
Kale			█	█		
Kohlrabi				█	█	█
Leeks		█	█	█		
Lettuce		█	█			
Mustard Greens	█	█				
Okra				█	█	
Onions (green)	█	█	█	█	█	
Onions (dry)					█	█
Parsnips						█
Peaches				█		
Pears				█	█	
Peas		█	█			
Peppers			█	█	█	
Plums				█		
Potatoes			█	█	█	
Pumpkins					█	█
Radishes	█	█	█	█	█	
Raspberries		█	█	█		
Rhubarb	█	█				
Rutabaga				█	█	
Spinach	█	█	█	█	█	
Squash			█	█	█	
Strawberries		█	█			
Sweet Corn			█	█		
Sweet Potato				█	█	█
Swiss Chard		█	█	█	█	
Tomatoes			█	█	█	
Turnips				█	█	█
Turnip Greens					█	█
Watermelon				█	█	█
Zucchini	█	█	█			

"The Iowa Department of Agriculture and Land Stewardship is an equal opportunity provider."